

PSPNET



www.pspnet.ca
pspnet@uregina.ca

Funded by the
Government
of Canada

Canada

FREE AND CONFIDENTIAL ONLINE THERAPY

Specialized for Canadian public safety personnel (PSP) and their spouses and significant others.

How To Sign Up

- Head to **www.pspnet.ca** to view our online therapy courses.
- Select a course and click **SIGN UP**.
- Create your account.
- Look for a confirmation email and follow the next steps provided.